

COMMUNITY HEALTH CLINIC DIRECTORY

Free & Low-Cost Care for Uninsured Residents

Wake County • Johnston County • Wilson County • Harnett County

◆ FREE clinics listed first in each county • Call 2-1-1 for help finding care • Apply for Medicaid at epass.nc.gov

This directory lists community health clinics offering free or income-based sliding-scale care to uninsured and low-income residents across four counties. FREE clinics charge nothing to qualifying patients. Sliding-scale (FQHC) clinics set fees based on household income and family size — many patients pay little or nothing. Always call ahead to confirm hours and bring proof of income and residency.

What to bring: Government-issued photo ID • Proof of income (pay stub, tax return, or signed statement) • Proof of county residency (utility bill, lease, or mail) • List of current medications

1. WAKE COUNTY

Wake County has the largest network of free and sliding-scale clinics in the region. FREE clinics are listed first.

FREE Clinics — Wake County

Type	Clinic	Address	Phone	Hours	Services
◆ FREE	Open Door Clinic (Urban Ministries of Wake County)	1390 Capital Blvd., Raleigh, NC 27603	919-746-0101 (Eng) 919-746-0102 (Esp)	Mon & Thu 9 a.m.–5 p.m.; Tue & Wed 9 a.m.–6:30 p.m.; Fri closed	Adult primary care, audiology, GYN, cardiology, ENT, podiatry, ophthalmology, mental health, pharmacy, diabetes ed, lab. Uninsured adults only.
◆ FREE	Mariam Clinic	1100 NW Maynard Rd., Ste. 110, Cary, NC 27513	919-332-0834	Sundays 1–5 p.m. (appt only); New patients: Thu 5–6 p.m.	Acute/chronic care, mental health, nutrition, social services, lab, vaccines, retinal screening. Multilingual: Arabic, Hindi, Urdu, French, Bengali, Spanish.
◆ FREE	Raleigh Rescue Mission Health Clinic	314 E. Hargett St., Raleigh, NC 27601	919-828-9014	Mon–Fri 8 a.m.–5 p.m.	Acute & chronic care, mental health, psychiatry. Available to current Mission clients and after-care clients only.
◆ FREE	Carter Clinic	4009 Barrett Dr., Ste. 100, Raleigh, NC 27609	800-510-9132	Every Tuesday 5:30–6:30 p.m.	Free primary care open to Wake County residents. Walk-ins welcome.

Sliding-Scale Clinics — Wake County

Type	Clinic	Address	Phone	Hours	Services
Sliding Scale	Advance Community Health (FQHC)	1001–1011 Rock Quarry Rd., Raleigh, NC 27610 (+ multiple sites)	919-833-3111	Mon–Fri 7 a.m.–7 p.m.	Primary care, pediatrics, dental, OB/GYN, mental health, pharmacy, nutrition. Sliding scale; accepts uninsured. Multiple Wake County locations.
Sliding Scale	Alliance Medical Ministry	101 Donald Ross Dr., Raleigh, NC 27610	919-250-3320	Mon–Thu 9 a.m.–5 p.m.; Fri 9 a.m.–2 p.m.	Chronic disease management, preventive care, on-site lab (no extra cost). Working uninsured adults only.
Sliding Scale	NeighborHealth Center (FQHC)	Multiple Wake County locations — call for nearest site	919-833-3111	Varies by site	Primary care, pediatrics, women's health, OB/GYN, immunizations, behavioral health, diabetes education, geriatric care.
Sliding Scale	Wake County Public Health Center	10 Sunnybrook Rd., Raleigh, NC 27610	919-250-3310	Mon–Fri 8 a.m.–5 p.m.	Adult & child health, dental, WIC, family planning, STD/HIV testing, immunizations, prenatal care.
Sliding Scale	Wake County Southern Regional Center	130 N. Judd Pkwy NE, Fuquay-Varina, NC 27526	919-557-2501	Mon–Fri 8 a.m.–5 p.m.	Prenatal, pediatrics, HIV/STD testing, vaccines, family planning, birth control.
Sliding Scale	Wake County Eastern Regional Center	1002 Dogwood Dr., Zebulon, NC 27597	919-404-2474	Mon–Fri 8 a.m.–5 p.m.	Primary care, cardiac clinic, GYN, retinal screenings, mammograms (mobile), nutrition counseling, behavioral health.

2. JOHNSTON COUNTY

Johnston County residents can also access Wake County clinics — especially Advance Community Health, which has expanded county coverage.

Free & Sliding-Scale Clinics — Johnston County

Type	Clinic	Address	Phone	Hours	Services
Sliding Scale	Johnston County Public Health Dept.	517 N. Brightleaf Blvd., Smithfield, NC 27577	Primary Care: 833-438-6949 Family Planning: 833-438-7004 Child Health: 833-438-7004	Mon–Thu 8 a.m.–6 p.m.; Fri 8 a.m.–5 p.m.	Primary care, prenatal, pediatrics, WIC, family planning, STD/HIV testing, immunizations.

⊙ Sliding Scale	CommWell Health — Benson	Benson, NC 27504	919-938-0875	Mon–Fri 8 a.m.–5 p.m.	Primary care; sliding fee by income; accepts Medicaid, Medicare, and uninsured.
✦ FREE	Campbell University Community Care Clinic	323 E. Broad St., Dunn, NC 28334	Call for appointment	Limited hours — call ahead	Free physicals, minor condition treatment, preventive services. For uninsured patients meeting income criteria.

3. WILSON COUNTY

Wilson Community Health Center is an FQHC — no one is turned away for inability to pay. Income-eligible patients may pay nothing.

Sliding-Scale Clinics — Wilson County




Type	Clinic	Address	Phone	Hours	Services
⊙ Sliding Scale	Wilson Community Health Center (FQHC)	303 Green St. E., Wilson, NC 27893	252-243-9800	Mon 8 a.m.–8 p.m.; Tue–Fri 8 a.m.–5 p.m.	Adult medicine, pediatrics, HIV/AIDS care, GYN, hepatitis C, chronic disease mgmt, behavioral health, pharmacy. No one turned away for inability to pay.
⊙ Sliding Scale	Carolina Family Health Centers — Elm City (Harvest Family Health)	8250 NC Hwy 58 S., Elm City, NC 27822	252-443-7744	Mon/Tue/Wed/Fri 8 a.m.–5 p.m.; Thu 11 a.m.–8 p.m.	Primary care, dental. FQHC sliding-scale fee. Extended Thursday hours.
⊙ Sliding Scale	Wilson County Dept. of Public Health	100 E. Nash St., Wilson, NC 27893	252-237-3141	Mon–Fri 8 a.m.–5 p.m.	STD/HIV testing (free), immunizations, family planning. Uninsured patients charged 20% of fees — sliding scale.

4. HARNETT COUNTY

First Choice Community Health Centers has served Harnett County since 1979. Goshen Medical Center is part of NC's largest FQHC network.

Sliding-Scale Clinics — Harnett County

Type	Clinic	Address	Phone	Hours	Services
⊙ Sliding Scale	First Choice Community Health Centers (FQHC)	Angier, NC 27501	919-639-2122	Mon–Wed 8:30 a.m.–5 p.m.; Thu 11:30 a.m.–8 p.m.; Fri 8:30 a.m.–5 p.m.	Primary care, dental, behavioral health. FQHC sliding fee. Established 1979; serves Harnett and surrounding counties.

 Sliding Scale	Goshen Medical Center — Dunn (FQHC)	Dunn, NC 28334	910-892-6500	Mon–Fri — call for hours	Adult medicine (16+), on-site lab. Federally required sliding fee scale. Part of NC's largest community health center network.
 Sliding Scale	CommWell Health — Lillington	Lillington, NC 27546	910-364-0970	Mon–Fri 8:30 a.m.–5 p.m.	Acute care, breast/cervical screening, chronic disease mgmt, family planning, immunizations, lab.
 Sliding Scale	Harnett County Health Department	307 W. Cornelius Harnett Blvd., Lillington, NC 27546	Adult Health: 910-893-7550 Main: 910-893-7500	Mon–Fri 8 a.m.–5 p.m.	Adult health, child health, prenatal/maternity, STD/HIV counseling, immunizations, TB testing, family planning.

5. QUICK REFERENCE — HOW TO GET CARE

Resource	Contact	Notes
Community Helpline (24/7 — 2-1-1)	Dial 2-1-1 or nc211.org	Find clinics, food, housing, and more — available in multiple languages
Apply for Medicaid / NC Health Choice	epass.nc.gov or 919-527-6340	Free health insurance if you qualify by income. Apply online anytime.
Find an FQHC near you	findahealthcenter.hrsa.gov	Federal locator for all federally qualified health centers by zip code
NC Medicaid Dental (adults)	NCTracks: ncmmis.ncdhs.gov	Medicaid covers dental for eligible adults; call your clinic to confirm
Prescription Assistance	NeedyMeds.org or 1-800-503-6897	Free/low-cost medications if you are uninsured or underinsured
Mental Health Crisis Line	988 (call or text)	Free 24/7 mental health and suicide prevention crisis support
Wake County Health Dept.	919-250-3310 wake.gov	Public health services, immunizations, STD testing, WIC
Johnston County Health Dept.	833-438-6949 johnstonnc.gov	Primary care, prenatal, family planning, immunizations
Wilson County Health Dept.	252-237-3141 wilsoncountync.gov	STD/HIV testing, immunizations, family planning, sliding-scale fees
Harnett County Health Dept.	910-893-7550 harnett.org	Adult health, child health, prenatal, STD/HIV counseling, immunizations

◆ **FREE clinic:** No charge for qualifying uninsured low-income patients. Bring proof of income and county residency.

⊙ **Sliding Scale (FQHC):** Fees based on household income and family size per federal poverty guidelines. Many patients pay little or nothing. Bring ID, proof of income, and proof of address.

Everyone deserves access to care. Help is available — reach out today.