

# WAKE COUNTY COMMUNITY RESOURCE GUIDE

Shelters • Food Pantries • Employment Services • Rental Assistance

**IN A CRISIS? Call 2-1-1 (24/7 Community Helpline) • For emergencies, call 9-1-1**

This guide connects Wake County residents with free and low-cost services. Resources are organized by category. Always call ahead to confirm hours, eligibility, and availability, as they may change. For a comprehensive online directory, visit [wake.gov](http://wake.gov) or call 2-1-1.

## 1. EMERGENCY SHELTERS

*Tip: If you need shelter tonight, visit Oak City Cares (1430 S. Wilmington St., Raleigh) Mon–Fri 9 a.m.–5 p.m. or call 2-1-1 to be connected to the right shelter for your situation.*

### Men's Shelters

| Organization  | Address                                      | Phone / Contact | Hours / Notes   |
|---|--|-----------------|---|
| <b>South Wilmington Street Center (Wake County)</b> | 1420 S. Wilmington St.,<br>Raleigh, NC 27603 | 919-857-9428    | Emergency & transitional dorms; case management, mental health, substance abuse referrals |
| <b>Raleigh Rescue Mission – New Life Plan</b>       | 314 E. Hargett St.,<br>Raleigh, NC 27601     | 919-828-9014    | Mon–Fri 8 a.m.–5 p.m. (intake); recovery, vocational & career training                    |
| <b>St. Paul AME Empowerment Center</b>              | 402 W. Edenton St.,<br>Raleigh, NC 27603     | 919-833-4428    | Meals, shelter & safe environment; call for availability                                  |

### Women's Shelters

| Organization   | Address                                  | Phone / Contact | Hours / Notes   |
|--|--|-----------------|---|
| <b>Helen Wright Center for Women (Urban Ministries)</b>        | 1390 Capital Blvd.,<br>Raleigh, NC 27603 | 919-836-1642    | Mon–Thu 1–9 p.m.; Fri 9 a.m.–5 p.m. Single women without children     |
| <b>Women's Center of Wake County</b>                           | 2200 New Bern Ave.,<br>Raleigh, NC 27610 | 919-829-3711    | Mon–Fri noon–1 p.m. (lunch); shelter for homeless women               |
| <b>Salvation Army – Goodman Women &amp; Children's Shelter</b> | 1863 Capital Blvd.,<br>Raleigh, NC 27604 | 919-834-6733    | Mon–Fri 8 a.m.–5 p.m. (Fri to 2 p.m.); women, children & DV survivors |

### Family & Youth Shelters

| Organization | Address | Phone / Contact | Hours / Notes |
|--------------|---------|-----------------|---------------|
|--------------|---------|-----------------|---------------|

|  |   |              |   |
|--|---|--------------|---|
| <b>Family Promise of Wake County</b>                   | Service varies by location; intake office Raleigh | 919-833-1748 | Mon–Fri 9 a.m.–5 p.m.<br>Families 8–12 weeks; case management included          |
| <b>Second Street Place (Wake County) – Low-Barrier</b> | 5010 Second St., Raleigh, NC                      | Call 2-1-1   | 98-bed drop-in shelter for men & women; low-barrier model                       |
| <b>Wrenn House – Youth (ages 10–17)</b>                | Raleigh (call for address)                        | 919-833-3312 | Only youth crisis intervention shelter in the Triangle; any geographic location |

## Veterans' Shelter

| Organization                               | Address                          | Phone / Contact  | Hours / Notes   |
|--|----------------------------------|------------------|---|
| <b>HADIT Home for Veterans</b>             | Raleigh area (call ahead)        | Call for address | Shelter, food & clothing on a limited basis; call residence manager before arriving |
| <b>Durham VA Medical Center (Veterans)</b> | 508 Fulton St., Durham, NC 27705 | 877-424-3838     | Specialized services for veterans experiencing homelessness                         |

## 2. FREE FOOD PANTRIES & HOT MEALS

*Tip: For the full Wake County food resource map, visit [wake.gov/findfood](http://wake.gov/findfood) or call 2-1-1. Hours change frequently — call before you go.*

### Food Pantries

| Organization   | Address   | Phone / Contact          | Hours / Notes   |
|--|---|--------------------------|---|
| <b>Urban Ministries of Wake County – Food Pantry</b> | 1390 Capital Blvd., Raleigh, NC 27603           | 919-746-0088 (info line) | Mon–Thu 8:30 a.m. until capacity; curbside service; one box/household/week  |
| <b>Inter-Faith Food Shuttle</b>                      | 1001 Blair Drive, Raleigh, NC 27620             | 919-250-0043             | Mon–Fri; mobile pantries & partner sites across Wake County; visit <a href="http://foodshuttle.org">foodshuttle.org</a> |
| <b>Food Bank of Central &amp; Eastern NC</b>         | 1924 Capital Blvd., Raleigh, NC 27604           | 919-875-0707             | Mon–Fri 9 a.m.–5 p.m.; distributes through 800+ partner agencies  |
| <b>Dorcas Ministries (Cary/Apex area)</b>            | 187 High House Rd., Cary, NC 27511              | 919-469-9861 ext. 203    | Mon–Fri 10 a.m.–4 p.m.; food pantry & financial assistance  |
| <b>Western Wake Crisis Ministry</b>                  | 1600 Olive Chapel Rd., Ste. 408, Apex, NC 27502 | 919-362-0657             | By appointment; food shopping once per month; call to schedule  |
| <b>Helping Hand Mission</b>                          | 623 Rock Quarry Rd., Raleigh, NC 27601          | 919-829-8048             | Mon–Fri 9 a.m.–5 p.m.   |
| <b>Community Food Share (Wake Forest)</b>            | Wake Forest, NC 27587                           | 919-556-9292             | 2nd & 4th Saturday 9–11 a.m.; canned goods, produce, meat & bakery  |

## Hot Meals & Soup Kitchens

| Organization                                   | Address                                      | Phone / Contact | Hours / Notes                                       |
|--|--|-----------------|---|
| Salvation Army Community Kitchen               | 1863 Capital Blvd.,<br>Raleigh, NC 27604     | 919-834-6733    | Mon–Fri 4:30–5:30 p.m.; no ID required; open to all |
| Shepherd's Table (Church of the Good Shepherd) | 121 Hillsborough St.,<br>Raleigh, NC 27601   | 919-831-2010    | Mon–Fri 11 a.m.–noon (lunch)                        |
| Oak City Cares – Weekend Meals                 | 1430 S. Wilmington St.,<br>Raleigh, NC 27603 | 984-344-9599    | Sat–Sun 9 a.m.–6 p.m. (breakfast, lunch & dinner)   |
| First Baptist Church                           | 99 N. Salisbury St.,<br>Raleigh, NC 27604    | 919-832-4485    | Wed 10–11:30 a.m.; Thu 1–2:30 p.m.                  |
| Brooks Avenue Church of Christ                 | 700 Brooks Ave.,<br>Raleigh, NC 27607        | 919-821-2400    | 2nd & 4th Saturday 9 a.m.–noon                      |

## 3. EMPLOYMENT SERVICES

All NCWorks Career Center services are FREE to job seekers. Services include resume help, job search, career assessments, training referrals, job fairs, and free computer/internet access.

### NCWorks Career Centers – Wake County

| Organization                                     | Address   | Phone / Contact | Hours / Notes   |
|--|---|-----------------|---|
| NCWorks – Capital Area (Raleigh – Tillery Place) | 1830-B Tillery Place,<br>Raleigh, NC 27604            | 919-715-0111    | Mon–Thu 9 a.m.–5 p.m.; Fri 9 a.m.–2 p.m.                            |
| NCWorks – Swinburne Street (Raleigh)             | 220 Swinburne St.,<br>Room 3181, Raleigh,<br>NC 27610 | 919-250-3770    | Mon–Thu 9 a.m.–5 p.m.; Fri 9 a.m.–2 p.m.; FNS Employment & Training |
| NCWorks – Wake Forest                            | 350 E. Holding Ave.,<br>Wake Forest, NC 27587         | 919-562-6379    | Mon–Thu 9 a.m.–5 p.m.; Fri 9 a.m.–2 p.m.                            |
| NCWorks – Fuquay-Varina                          | 130 N. Judd Pkwy NE,<br>Fuquay-Varina, NC<br>27526    | 919-557-1121    | Mon–Thu 9 a.m.–5 p.m.; Fri 9 a.m.–2 p.m.                            |
| NCWorks – Zebulon                                | 1002 Dogwood Drive,<br>Zebulon, NC 27597              | 919-404-3900    | Mon–Thu 9 a.m.–5 p.m.; Fri 9 a.m.–2 p.m.                            |
| NCWorks Statewide Call Center                    | Online: <a href="http://ncworks.gov">ncworks.gov</a>  | 1-855-629-6757  | Call center assistance available during business hours              |

### Additional Employment Programs

| Organization                                 | Address                                  | Phone / Contact | Hours / Notes   |
|--|--|-----------------|---|
| Work First Program (Wake County DSS)         | 220 Swinburne St.,<br>Raleigh, NC 27610  | 919-250-3770    | Temporary financial crisis support for eligible families; supportive services to reach self-sufficiency |
| Raleigh Rescue Mission – Vocational Training | 314 E. Hargett St.,<br>Raleigh, NC 27601 | 919-828-9014    | Mon–Fri 8 a.m.–5 p.m.; job training, counseling & transportation resources                              |

|                                      |   |              |  |
|--------------------------------------|---|--------------|--|
| <b>NCWorks NextGen (Ages 16–24)</b>  | 1800-H Tillery Place, Raleigh, NC 27604 | 919-285-1207 | Career path services for young adults; education & employment planning |
| <b>Family Promise of Wake County</b> | Raleigh (call for location)             | 919-833-1748 | Employment services integrated with shelter case management            |

## 4. RENTAL ASSISTANCE & HOUSING STABILITY

*Note: Most rental assistance programs require documentation (ID, lease, late notice). Have these ready. You can only access some programs once every 3 years — apply early if you anticipate need.*

### Emergency Rental Assistance

| Organization   | Address   | Phone / Contact       | Hours / Notes  |
|--|---|-----------------------|--|
| <b>Wake Prevent! (Wake County – Eviction Prevention)</b> | Referrals via online portal: <a href="http://wake.gov">wake.gov</a> | Call 2-1-1            | For residents 30+ days past due with late notice; one-time assistance every 3 years; must meet income guidelines |
| <b>Triangle Family Services – Emergency Housing</b>      | 3937 Western Blvd., Raleigh, NC 27606                               | 919-821-0790          | Mon–Fri 8:30 a.m.–5 p.m.; direct financial support + case management; apply through coordinated entry            |
| <b>Dorcas Ministries (Cary/Apex area)</b>                | 187 High House Rd., Cary, NC 27511                                  | 919-469-9861 ext. 203 | Mon–Fri 10 a.m.–4 p.m.; financial assistance including rent; by appointment                                      |
| <b>Western Wake Crisis Ministry</b>                      | 1600 Olive Chapel Rd., Ste. 408, Apex, NC 27502                     | 919-362-0657          | By appointment; rental and utility assistance for western Wake County residents                                  |
| <b>Salvation Army of Wake County</b>                     | 1863 Capital Blvd., Raleigh, NC 27604                               | 919-834-6733          | Mon–Thu 8 a.m.–5 p.m.; Fri 8 a.m.–2 p.m.; emergency financial assistance   |

### Longer-Term Housing Stability Programs

| Organization  | Address                                      | Phone / Contact | Hours / Notes  |
|---|--|-----------------|--|
| <b>Wake County Housing &amp; Community Revitalization</b> | Waverly F. Akins Building, Raleigh, NC       | 919-856-5401    | Mon–Fri 8 a.m.–5 p.m.; affordable housing programs, DHIC homeownership loans up to \$20,000                    |
| <b>CASA (Housing for People with Disabilities)</b>        | 1110 Navaho Dr., Ste. 400, Raleigh, NC 27609 | 919-834-0489    | Mon–Fri 9 a.m.–5 p.m.; permanent supportive housing for persons with disabilities                              |
| <b>Habitat for Humanity of Wake County</b>                | 2831 S. Wilmington St., Raleigh, NC 27603    | 919-834-2423    | Mon–Fri 9 a.m.–5 p.m.; homeownership programs for qualifying low-income families                               |
| <b>NC Housing Finance Agency (NCHFA)</b>                  | 3508 Bush St., Raleigh, NC 27609             | 919-877-5700    | Mon–Fri 8 a.m.–5 p.m.; renters' rights, fair housing, housing search: <a href="http://nchfa.com">nchfa.com</a> |

|   |  |              |  |
|---|--|--------------|--|
| <b>City of Raleigh Rental Housing Program</b> | One Exchange Plaza,<br>Raleigh, NC 27601 | 919-996-4330 | For households earning < 50% area median income; affordable apartments available |
|---|--|--------------|--|

## 5. QUICK REFERENCE — KEY CONTACTS

| SERVICE / LINE                                  | CONTACT  |
|---|--|
| <b>Community Helpline (24/7) — Dial 2-1-1</b>   | 2-1-1 or nc211.org                             |
| <b>Emergency</b>                                | 9-1-1  |
| <b>Wake County Gov (general services)</b>       | 919-856-6160   wake.gov                        |
| <b>Oak City Cares (access hub)</b>              | 984-344-9599   1430 S. Wilmington St., Raleigh |
| <b>NCWorks Career Centers (job help)</b>        | 1-855-629-6757   ncworks.gov                   |
| <b>Wake County Food Finder</b>                  | wake.gov/findfood                              |
| <b>Wake Prevent! (Eviction Prevention)</b>      | 2-1-1   wake.gov                               |
| <b>GoWake Access (free Medicaid transport)</b>  | 919-212-7005   wake.gov/gowake                 |
| <b>NC FAST (apply for SNAP/Medicaid online)</b> | epass.nc.gov                                   |

***You are not alone. Help is available. Reach out today.***